

Bucks & MK PE Conference 2025

*Empowering PE:
Movement and wellbeing*



Leap⁺

Primary Schedule

TIME	ACTIVITY	ROOM
8.30am - 9.15am	Registration, Teas & Coffees	Bowls Centre
9.15am - 9.30am	Welcome	Bowls Centre
9.30am - 10.00am	Keynote Speaker – Kate Thornton-Bousfield Chief Executive Officer AfPE and Ella Beaumont GB Wheelchair Athlete and Personal Trainer	Bowls Centre
10.15am - 11.30am	Will Swaites – Diagnostic assessment to ensure all learners are recognised, rewarded & supported to be more W.E.L.L in PE	Sports Hall 1
	Commando Joe's – Let's Play: Bringing character and purpose through active play	Sports Hall 3
	Jake Savile – Active Travel	Room 4 - Lodge
	Helen Battelley - Building Strong Foundations: Supporting Physical Well-Being in Early Childhood	Dance Studio - Lodge
	Danny Burton – Developing tomorrow's leaders	Sports Hall 2
	Caroline Moran – Adaptive Learning	Room 3 - Lodge
11.30am - 11.45am	Refreshment Break	
11.45am - 1.00pm	Coaching Lab – Playing games with mixed abilities	Sports Hall 4
	Danny Burton – Sports Education Model	Room 3 - Lodge
	Will Swaites – Supporting learners to move, think, feel and connect better through PE	Room 4 - Lodge
	Stormbreak – Mental health for primary children	Room 8 - Lodge
	Helen Battelley - Physical Literacy in the Early Years: Unpicking the Challenges	Dance Studio - Lodge
1.00pm - 2.00pm	Lunch Break and Networking	
2.00pm - 3.15pm	Portia Simond - Pickleball SOLD OUT	Sports Hall 1
	Rhiannon Smith – Opening Schools Facilities Review	Room 8 - Lodge
	Danny Burton – Reflecting on your PE Curriculum SOLD OUT	Room 3 - Lodge
	U DO IT Dance – Street Dance	Dance Studio - Lodge
	Departures	

Workshop Descriptions

BLOCK 1	
Will Swaithe - Diagnostic assessment to ensure all learners are recognised, rewarded and supported to be more W.E.L.L. in PE	A practical session using Pickleball to experience a wide variety of ideas to help ensure you are making best use of holistic assessment in your practice. Many of these ideas can be applied to different physical activities.
Commando Joe's – Let's Play: Bringing character and purpose through active play	This session focuses on how schools can turn PE, break and lunchtimes into a powerful extension of character education. We'll show how <i>Let's Play</i> gives pupils ownership of games and activities that build teamwork, resilience and positive behaviour without relying on staff to lead. It's ideal for schools looking to reduce incidents during unstructured times, improve wellbeing and give kids more active alternatives to just sport alone. Everything is practical, easy to implement and designed to create a calmer, more purposeful environment during the busiest parts of school life.
Helen Battelley – Building strong foundations: Supporting physical well-being in early childhood	This interactive workshop, <i>"Building Strong Foundations: Supporting Physical Well-Being in Early Childhood,"</i> is designed to empower educators, caregivers, and parents with the knowledge and practical tools needed to support the physical health of children from birth to five years. Through a blend of research-based insights, hands-on activities, and collaborative discussions, participants will explore how to create nurturing, active environments that promote healthy bodies and minds.
Danny Burton – Developing tomorrow's leaders	A practical workshop which explores different activities which can be used to develop practical leadership skills. Activities will focus on key employability skills such as communication / problem solving / deductive reasoning. Delegates do not have to be in practical kit, but trainers are advised. This workshop is appropriate for both Primary and Secondary phases.
Caroline Moran – Adaptive learning	All about Inclusion – where do you start? Just like most things in life, one size does not fit all for Physical Education. It is our job to ensure that EVERY child and young person has access to high quality PE, and school sport. This session will explore ways and tools to support and engage learners, in particular those with additional needs. It will help you to ensure you have an inclusive offer that meets all student's needs, in addition to signposting to supporting courses, materials to help you implement change, and continue to improve the way you work
Jake Saville – Active Travel	Less children than ever are using active travel to get to and from school. But given the choice, children are more likely to choose to cycle, walk or scoot. To do this, children and parents need to feel safe and understand the wide range of benefits. Join this workshop to explore ideas and initiatives to engage your school community in promoting active travel. Active Travel Video
BLOCK 2	
Will Swaithe - Supporting learners to move, think, feel and connect better through physical education	An exploration of the curriculum built for the DfE funded Oak National Academy to cater for key stages 1-4 with a shared language and ambition to excite, engage and develop all learners. These free to access materials focus on national curriculum compliance and developing the health and wellbeing of all students through a carefully sequenced learner journey
Stormbreak – Mental health for primary children	Stormbreak is a charity that aims to provide a practical and sustainable solution to mainstreaming conversations about mental health and wellbeing. Working alongside those who work with, live with or care for primary aged children so that they can develop a toolkit of skills and knowledge that will support their mental and physical wellbeing both now and in the future. Each Stormbreak helps children and their trusted adults to focus on a particular aspect of their wellbeing. Come and hear from the stormbreak team and from schools in your area who have already successfully embedded it into their schools.
Coaching Lab – Playing games with mixed abilities	We make you game changers because we know your pupils keep asking to play games. Playing games should never be the last thing you do in a lesson or a reward for good behaviour. The Coaching Lab MatchPlay Cards are packed with team and player challenges to transform how you deliver sporting experiences to young people, promoting ownership, decision making and problem solving. Its learning by doing! Its coaching mixed ability groups made easy.

Workshop Descriptions

BLOCK 2 Cont....

Helen Battelley – Physical Literacy in the early years: Unpicking the challenges	This workshop, <i>“Physical Literacy in the Early Years: Unpicking the Challenges,”</i> invites early years professionals, caregivers, and education leaders to critically examine the barriers and opportunities surrounding physical development in children aged 3–5. Participants will explore what physical literacy looks like in early childhood, why it matters, and how to overcome common challenges—from lack of confidence among adults to environmental and policy constraints. Through evidence-informed dialogue, real-life case studies, and practical tools, this session will support you in embedding physical literacy into your everyday practice—ensuring that every child has the chance to move, explore, and thrive.
Danny Burton – Sports Education Model	This workshop will explore application of a ‘Sport Education’ model, and includes some examples of how it has been used to adapt the delivery of lessons (this will include practical and classroom examples). Delegates will need to bring a lesson plan to the session, or have a lesson concept in mind - which we will have time to discuss and apply the model. This session is suitable for both primary and secondary teachers who are keen to be creative with lesson delivery.

BLOCK 3

Portia Simond - Pickleball	Pickleball combines elements of badminton, tennis, and table tennis. Played both indoors or outdoors on a badminton-sized court and a slightly smaller net. Two or four players use solid paddles made of wood or composite materials to hit a perforated polymer ball, over a net. It couldn't be easier to have a go at Pickleball and discover for yourself just how much fun it is!
Rhiannon Smith – Opening Schools Facilities Review	A review of the Opening Schools Facilities funding programme, how it has helped schools engage more pupils, create links with the communities and get more people active. Learn good practice and how to increase participation.
Danny Burton – Reflecting on your PE Curriculum	Facilitate discussion re: your current curriculum design, who does it cater for? What do you teach (when and why)? What does it look like? This workshop will include lots of opportunities to network with colleagues, share curriculum ideas, and time for practitioners to reflect on their current PE provision.
U DO IT Dance – Street Dance	Kick start your street dance journey with our street dance upskilling workshop. Learn about the different styles of street dance, understanding a selection of foundation steps. Learn how to create street dance choreography to music. Learn and plan Street Dance activities that can be used with young people e.g. icebreakers, dance related games, etc. Learn how to plan and lead street dance sessions