

Bucks & MK PE Conference 2025

*Empowering PE: Movement
and wellbeing*



Leap⁺

Secondary Schedule

TIME	ACTIVITY	ROOM
8.30am - 9.15am	Registration, Teas & Coffees	Bowls Centre
9.15am - 9.30am	Welcome	Bowls Centre
9.30am - 10.00am	Keynote Speaker – Kate Thornton-Bousfield Chief Executive Officer AfPE	Bowls Centre
10.15am - 11.30am	Will Swaithe – Diagnostic assessment to ensure all learners are recognised, rewarded & supported to be more W.E.L.L in PE	Sports Hall 1
	Danny Burton – Developing tomorrow’s leaders	Sports Hall 2
	Coaching Lab – Why your pupils keep asking to play games	Sports Hall 4
	Linda Plowright-Pepper – Youth Voice	Room 8 - Lodge
11.30am - 11.45am	Refreshment Break	Bowls Centre
11.45am - 1.00pm	Portis Simon – Pickleball	Sports Hall 1
	Mandy Carey – Move Well Sessions	Sports Hall 2
	Danny Burton – Sports Education Model	Room 3 - Lodge
	Commando Joe’s – Lead The Way: Building Character and Confidence in Young People	Sports Hall 3
	Will Swaithe – Supporting learners to move, think, feel and connect better through PE	Room 4 - Lodge
1.00pm - 2.00pm	Lunch Break and Networking	Bowls Centre
2.00pm - 3.15pm	Pending Workshop	Sports Hall
	Will Swaithe – Engaging classroom practice	Room 4 - Lodge
	Rhiannon Smith -Opening School Facilities	Room 8 - Lodge
	U DO IT Dance – Street Dance	Dance Studio - Lodge
	Danny Burton – Reflecting on your PE Curriculum	Room 3 Lodge
3.15pm	Departures	

Workshop Descriptions

BLOCK 1	
Will Swaites - Diagnostic assessment to ensure all learners are recognised, rewarded and supported to be more W.E.L.L. in PE	A practical session using Pickleball to experience a wide variety of ideas to help ensure you are making best use of holistic assessment in your practice. Many of these ideas can be applied to different physical activities.
Danny Burton – Developing tomorrow’s leaders	A practical workshop which explores different activities which can be used to develop practical leadership skills. Activities will focus on key employability skills such as communication / problem solving / deductive reasoning. Delegates do not have to be in practical kit, but trainers are advised. This workshop is appropriate for both Primary and Secondary phases.
Coaching Lab – Why your pupils keep asking to play games	We make you game changers because we know your pupils keep asking to play games. Playing games should never be the last thing you do in a lesson or a reward for good behaviour. The Coaching Lab MatchPlay Cards are packed with team and player challenges to transform how you deliver sporting experiences to young people, promoting ownership, decision making and problem solving. Its learning by doing! Its coaching mixed ability groups made easy.
Linda Plowright-Pepper- Youth Voice	Learn good practice in obtaining meaningful and honest youth voice and how to build sessions around this.
BLOCK 2	
Portia Simond – Pickleball Secondary	SOLD OUT combines elements of badminton, tennis, and table tennis. Played both indoors or outdoors on a badminton-sized tennis net. Two or four players use solid paddles made of wood or composite materials to hit a perforated ball. It couldn’t be easier to have a go at Pickleball and discover for yourself just how much fun it is!
Mandy Carey – Move Well Sessions	This workshop will include theory and practical activities allowing you to gain a taster of our Move Well Club at Aylesbury High School. Our students come along to the lunchtime club to experience a variety of activities to help with mental and physical health. This club is a safe space to build resilience, equipping students with strategies to help them to be the best version of themselves. Let’s make every day a better day! The workshop will explore the journey the club has made, demonstrate our weekly structure and provide some examples of the themes and activities we cover during sessions. There will also be the opportunity to find out about how we have embedded this into our Form Time with our Wellbeing Ambassadors who lead activities linked to 5 Ways to Wellbeing.
Danny Burton – Sports Education Model	This workshop will explore application of a ‘Sport Education’ model, and includes some examples of how it has been used to adapt the delivery of lessons (this will include practical and classroom examples). Delegates will need to bring a lesson plan to the session, or have a lesson concept in mind - which we will have time to discuss and apply the model”. This session is suitable for both primary and secondary teachers who are keen to be creative with lesson delivery.
Commando Joe’s – Lead The Way: Building Character and Confidence in Young People	This session explores how active learning/PE can be used to teach leadership skills and character, particularly for students struggling with confidence, behaviour and the move from primary to secondary. We’ll share simple, active approaches that help pupils take responsibility, lead others and grow in confidence. Whether it’s through structured roles in PE lessons, transition, or short interventions outside the classroom, this session gives staff clear tools to develop student leadership, improve behaviour and support smoother transitions through physical education.
Will Swaites - Supporting learners to move, think, feel and connect better through physical education	An exploration of the curriculum built for the DfE funded Oak National Academy to cater for key stages 1-4 with a shared language and ambition to excite, engage and develop all learners. These free to access materials focus on national curriculum compliance and developing the health and wellbeing of all students through a carefully sequenced learner journey

Workshop Descriptions

BLOCK 3	
Will Swaites – Engaging classroom practice	An opportunity to experience and reflect on tried and tested cooperative learning approaches that will supercharge your delivery of examination PE and a showcase of free to access GCSE PE resources tailored to AQA, Edexcel or OCR with advice on how to make best use of them.
U DO IT Dance – Street Dance	Kick start your street dance journey with our street dance upskilling workshop. Learn about the different styles of street dance, understanding a selection of foundation steps. Learn how to create street dance choreography to music. Learn and plan Street Dance activities that can be used with young people e.g. icebreakers, dance related games, etc. Learn how to plan and lead street dance sessions
Rhiannon Smith – Opening Schools Facilities Review	A review of the Opening Schools Facilities funding programme, how it has helped schools engage more pupils, create links with the communities and get more people active. Learn good practice and how to increase participation.
Danny Burton – Reflecting on your PE Curriculum	SOLD OUT A chance to facilitate discussion re: your current curriculum design, who does it cater for? What do you teach (when and why)? What progress look like? This workshop will include lots of opportunities to network with colleagues, share curriculum ideas, and time for practitioners to reflect on their current PE provision.